

Pain Relief Foundation & The Walton Centre, Liverpool

Neuropathic Pain Workshop Evidence based assessment and management

Date 29th March 2014

PROGRAMME

Fee: £250

Maximum number of candidates: 30

Venue:

Clinical Sciences Centre Room 207, University Hospital Aintree NHS Foundation Trust, Liverpool

Course Aims:

This course aims to inform about and improve assessment and management of neuropathic pain in primary care.

(NICE GL 96 March 2010 updated November 2013, GMC: Good practice in prescribing and managing medicines and devices 2013)

Explain definitions and mechanisms of neuropathic pain

Explain and demonstrate assessment of neuropathic pain in a GP surgery and when to refer for specialist assessment

Explore the biopsychosocial character of neuropathic pain via a multidisciplinary workshop Explore assessment and management of neuropathic pain in real life via two case studies

Who Should Attend:

General practitioners and prescribing nurses and pharmacists in the community

Royal College of Anaesthetist's CPD and Revalidation Matrix category:

1A02 Pharmacology and Therapeutics

2E03 Basic assessment and management of chronic pain

The Course Handbook will be available on the PRF Webpage with the lecture slides, workshop and carefully selected references (Available during the course and for 4 weeks after the course to participants using a secure password).

Course Sponsor

Astellas UK

Saturday 29thMarch 2014

8:30-09:00 Registration

09:00-09:30The size of the problem. Epidemiology, definitions and classifications. (Dr Bernhard Frank)

09:30-10:00 Neuropathic pain assessment in the clinic and how to make a diagnosis.

(Dr Bernhard Frank)

10:00-10:30Tea/Coffee Break

- 10:30-11.00 Psychological consideration in the assessment and management ofpatients with neuropathic pain. (Dr Peter Murphy)
- 11:00-11.30Common conditions associated with neuropathic pain. Management guidelinesand how to use them in practice.(Dr Bernhard Frank)
- 11:30-12:00Advanced management options. What's available @ the WCFT andwhen to refer?(Dr Bernhard Frank)

12:00-13:00 Lunch Break

- **13:00-13:30The role of the pharmacist in the management of neuropathic pain.** (Colin Brennan)
- 13:30-14:00The role of the specialist nurse in the management of neuropathic pain. (Alison Cox)
- 14:00-14:30Specialist physiotherapy assessment and management for patients with neuropathic pain. (Selina Johnson)

14:30-15:00Tea/Coffee Break

- **15:00-15:45Case 1: The classical patient with post herpetic neuralgia (PHN).** (Dr Bernhard Frank&Alison Cox)
- 15:45-16:30Case 2: The complicated patient and the role of multidisciplinary management. (Dr Bernhard Frank, Alison Cox, Dr Peter Murphy, Selina Johnson)
- **16:30-17:00Discussion of cases**(Dr Bernhard Frank, Alison Cox, Dr Peter Murphy, Selina Johnson)

17.00Close

Faculty:

Ms Alison Cox, Specialist Nurse in Pain Management and Neuromodulation, Walton Centre, Liverpool

Dr Bernhard Frank, Consultant in Pain Medicine, Walton Centre, Liverpool

Dr Peter Murphy, Consultant Clinical Psychologist, Liverpool

Ms Selina Johnson, Specialist Physiotherapist in PainManagement and Neuromodulation, Walton Centre, Liverpool

Mr Colin Brennan, Pharmacist, University Hospital Aintree, Liverpool

COURSE CONVENOR

Dr Bernhard Frank

PAIN RELIEF FOUNDATION STAFF

Mr**David Emsley**, Administrator MrsJulie Williams, Assistant Administrator, Pain Relief Foundation MrsBrenda Hall, Administrative Assistant, Pain Relief Foundation, Liverpool

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