

# EUROPEAN PAIN FEDERATION EFIC® WINTER CANCER PAIN SCHOOL, LIVERPOOL



**16<sup>th</sup> to 19<sup>th</sup> October 2018**

**RCoA CPD Matrix: 2E03 & 3E00**



*Supported by The Pain Relief Foundation, The Walton Centre, and Woodlands Hospice, Liverpool.*



Liverpool Waterfront



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## European Pain Federation EFIC® - Winter Cancer Pain School, Liverpool



**Organised by Pain Relief Foundation, The Walton Centre NHS Foundation Trust  
and Woodlands Hospice, Liverpool, UK**

**16<sup>th</sup> to 19<sup>th</sup> October 2018**

**Maximum number of candidates: 25**

**Venue:** Radisson Blu Hotel, Liverpool <https://www.radissonblu.com/en/hotel-liverpool>

107 Old Hall St, Liverpool, Merseyside, UK, L3 9BD

T: - 0044(0) 151 966 1500

**Course Fee: £450 until 10th August 2018: then £525 (Includes lunch and dinner)**

### **Course Learning Objectives:**

This course aims to develop skills of assessing and treating pain related to cancer and its treatment. This interactive course develops an evidence-based approach to assessment, and formulating diagnosis and designing a comprehensive management plan including pain management. The emphasis is on a multidisciplinary approach to managing pain related to cancer. Learning objectives of this course are in line with EFIC Core Curriculum for managing pain related to cancer as below.

- Identify sociocultural influences on the experience of cancer and cancer-related pain.
- Be able to compare and contrast the assessment and management of persons with cancer related pain and those with chronic non-cancer pain.
- Recognise the problems faced by cancer survivors who have persistent pain and management principles.
- Discuss the meaning and significance of the World Health Organisation analgesic algorithm for pain in cancer.
- Show awareness of and addressing unpleasant end-of-life symptoms including but not limited to, pain, nausea/vomiting, respiratory distress and itch.
- Recognise the essential role of close liaison with other teams, specifically from oncology, radiation oncology, neurosurgery, anaesthesia and palliative medicine.
- Define and distinguish between incident and incompletely relieved persistent pain.
- Discuss the role of cancer therapies in the management of cancer-related pain, including but not limited to: Radiotherapy, Radiopharmaceuticals, Chemotherapy, Immune therapy and Surgery.
- Discuss the use of other adjuvant analgesics in cancer pain including but not limited to: bisphosphonates, corticosteroids and ketamine.

**There will be ample opportunity to interact with course faculty throughout the course.**



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### Who Should Attend:

Trainees from Anaesthetic, Neurosurgery, Pain and Palliative Medicine. Consultants/Specialists in Pain Medicine, Palliative Medicine, GPs, Advanced Nurse Practitioners, and Senior Physiotherapists with a specialist interest in the management of chronic pain. Scientists, Pharmacists and other non-medical personnel with a professional interest in relation to management of pain related to cancer.

### Royal College of Anaesthetist's CPD approval (20 points) & Revalidation Matrix category:

2E03 Basic assessment and management of chronic pain

3E00 "Specialist interest area in Cancer Pain"

### Course Material:

The Course Handbook will be available on the PRF Webpage with the lecture slides and carefully selected references (Available during the course and for 4 weeks after the course, to participants using a secure link via drop box).

**Contact Details:** Mrs Brenda Hall, The Pain Relief Foundation

Clinical Sciences Centre, University Hospital Aintree, Lower Lane, Liverpool, UK, L9 7AL

T: - 0044(0)151 529 5822, email: - [b.hall@painrelieffoundation.org.uk](mailto:b.hall@painrelieffoundation.org.uk)

Website <http://www.painrelieffoundation.org.uk>

## EUROPEAN PAIN FEDERATION EFIC®

**EFIC®** was founded in 1993 and meanwhile represents 36 national pain societies in Europe that have been chartered by the International Association for the Study of Pain (IASP®).

**Aims:** In general EFIC® is organised to promote multidisciplinary research, education and management of pain. The specific aim is to create a forum for European collaboration on pain issues and to encourage communication at a European level between EFIC® member societies and also with other bodies interested and involved in the fields of pain research and pain therapy, such as European, regional or national societies or federations of medical specialities (anaesthesiology, neurology, headache, palliative care, etc.), institutions of the European Community, European and national educators, legislators and health care providers.

**Constitution:** The affairs of EFIC® are conducted by its Council, which consists of the President or the councillor of each EFIC® member pain society and 5 elected officers who form the Executive Board of EFIC®. The Council meets at least once a year, while the Executive Board manages affairs between Council meetings. EFIC® is being established as a charitable foundation in Belgium.



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### BRIEF HISTORY OF LOCAL PAIN SERVICE

**The Pain Clinic** at The Walton Centre NHS Foundation Trust (<http://www.thewaltoncentre.nhs.uk/99/pain-medicine.html>) is one of the largest in the UK. The clinic's founder and director for 30 years, was the late Dr Sam Lipton, who pioneered many pain relieving techniques.

**The Pain Research Institute** set up in 1986 by Sam Lipton to work alongside the Walton Pain Clinic. The key academic staffs are Senior Lecturer Dr Andreas Goebel. The Pain Relief Foundation (<http://www.painrelieffoundation.org.uk>) financially supports the Research Institute.

**The Walton Centre** (<http://www.thewaltoncentre.nhs.uk>) is a Neurological Hospital with a regional multidisciplinary pain unit. Drs Manohar Sharma and Kate Marley now lead cancer related pain service. The Walton Pain Clinic was set up in the 1960s and currently has eleven consultants, including pain physicians, neurosurgeons and psychologists, providing a service for the Northwest of England, but also accepting national referrals for complex pain treatments. Pain service has strong collaboration with palliative medicine, spinal surgery, neurology, urology and gynaecology delivering many specialised pain relieving treatments and multicentre research trials.

**Woodlands Hospice Charitable Trust** opened in 1993 (<http://www.woodlandshospice.org>). It provides specialist palliative care for inpatients and outpatients. Its first medical director, Dr Ged Corcoran, established a joint pain/palliative care service with Dr Tim Nash, consultant pain physician at The Walton Centre.

### SPONSORS

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\* Pharmaceutical companies have sponsored this event via provision of an exhibition stand and will be present on the day



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## European Pain Federation EFIC® - Winter Cancer Pain School, Liverpool



### Tuesday 16<sup>th</sup> October

**08:30-09:30 Registration, Tea/Coffee, Radisson Blu Hotel, Liverpool**

**09:30-09:35 Course Opening and Introduction: Dr Manohar Sharma & Prof Bart Morlion**

**09:35-11:00 SESSION 1 Understanding Cancer Pain, Chair: Prof Bart Morlion**

**09:35-09:55 Hospice and Pain Medicine: the importance of working together - (Dr Kate Marley, Liverpool)**

**09:55-10:20 Epidemiology of pain related to cancer - (Prof Nevenka Krcevski-Skvarc, Maribor, Slovenia)**

**10:20-10:45 Pathophysiology of pain related to cancer - (Prof Bart Morlion, Belgium)**

**10:45-11:00 Discussion**

**11:00-11:30 Tea Break**

**11:30-13:00 SESSION 2 Understanding pain and management options, Chair: Prof Nevenka Krcevski-Skvarc**

**11:30-12:00 WHO Analgesic Ladder, current status - (Dr Manohar Sharma, Liverpool)**

**12:00-12:30 Non-opioid pharmacological management of cancer pain including Ketamine - (Dr Mahesh Chaudhari, Worcestershire)**

**12:30-13:00 Discussion**

**13:00-14:00 Lunch**

**14:00-15:30 SESSION 3 Pharmacological Management of Pain related to Cancer, Chair: Dr Kate Marley**

**14:00-14:40 Opioids - opportunities and pitfalls & Case for new ladder in 21<sup>st</sup> century - (Prof Bart Morlion, Belgium)**

**14:40-15:10 Opioid dependence & detox - (Dr Bernhard Frank, Liverpool)**

**15:10-15:30 Discussion**

**15:30-16:00 Tea Break**

**16:00-17:00 SESSION 4 Current Concepts in Pain related to Cancer, Chair: Dr Manohar Sharma & Dr Manish Gupta**

**16:00-16:40 Oncological treatments for cancer related pain - (Dr Chinnamani Eswar, Liverpool)**

**16:40-17:00 Discussion**

**18:30-21:30 Evening Dinner at Radisson Blu Hotel, Liverpool, Chair: Prof Bart Morlion**

**18:30-19:00 Evening drinks- optional – pay bar available**

**19:00-19:30 Cancer pain in developing nations: past, present & future (Prof Nevenka Krcevski-Skvarc, Maribor, Slovenia)**

**19:30-21:30 Dinner**

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### Wednesday 17<sup>th</sup> October

**Venue:** Woodlands Hospice (AM) and Clinical Sciences Centre (PM) University Hospital Aintree, Liverpool **(Meet in Radisson Blu Hotel Foyer, Bus Leaves at 7:45am)**

**08:30-09:00** Tea/Coffee Woodlands Hospice, Liverpool

**09:00-11:00** **SESSION 5** Pain Management in Hospice Setting, Chair: Drs Julie Raj & Manohar Sharma

**09:00-10:00** Symptom control in hospice/community setting - *(Dr Julie Raj, Liverpool)*

**10:00-10:30** Non-pharmacological Management of Symptoms in Hospice setting – Physiotherapist Perspective – *(Kate McIntegart, Liverpool)*

**10:30-11:00** Discussion

**11:00-11:30** Tea Break

**11:30-13:00** **SESSION 6** Pain Management in Hospice Setting- Chair Dr Manohar Sharma & Dr Matt Brown

Grand Round with live case presentations - *(Dr Julie Raj & Dr Manohar Sharma, Liverpool)*

**13:00-14:00** Lunch at Clinical Sciences Centre, Liverpool

**14:00-16:45** **SESSION 7** Pain Management in cancer survivors: live case studies, Chair: Dr Manohar Sharma, Dr Julie Raj & Dr Manish Gupta

2 cancer survivors (live case presentation by Rachael Barton & Dr Zane Van Der Elst, Liverpool)

**15:45-16:00** Discussion

**16:00- 16.15** Tea Break

**16.15- 16.45** Pain management in cancer survivors - *(Dr Matt Brown, London)*

**16:55- 17:00** Coach will leave foyer of CSC for Liverpool Football Club

**17:15-21:30** **Liverpool Football Club tour and Evening Dinner**

Chair: Dr Julie Raj, Liverpool



**17:45-19:15** Tour of football Club/ drinks – pay bar available

**19:15-20:30** Dinner

**20:30-21:30** “Beyond poppie juice and willow bark: antinociceptive gastronomy” *(Prof Bart Morlion, Belgium)*

**21:45** Coach back to Radisson Blu Hotel, Liverpool



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### Thursday 18<sup>th</sup> October

**08:30-09:00** Tea/Coffee, Radisson Blu Hotel, Liverpool

**09:00-10:45** **SESSION 8** Interventions for Pain related to Cancer, Chair: Dr Arun Bhaskar & Dr Mahesh Chaudhari

**09:00-09:25** Initial assessment and ethical considerations for invasive pain interventions - *(Dr Kate Marley, Liverpool)*

**09:25-09:50** Role of sympathetic blocks - *(Dr Arun Bhaskar, London)*

**09:50-10:15** Role of M.R.I. guided focused ultrasound in treating pain - *(Dr Matt Brown, London)*

**10:15-10:45** Discussion

**10:45-11:15** Tea Break

**11:15-13:00** **SESSION 9** Interventions for Pain related to Cancer, Chair: Dr Manish Gupta & Dr Arun Bhaskar

**11:15-11:40** Epidural infusion for pain related to cancer - *(Dr Mahesh Chaudhari, Worcestershire)*

**11:40-12:05** Spinal neurolysis - *(Dr Mahesh Chaudhari, Worcestershire)*

**12:05-12:30** Percutaneous cordotomy - *(Dr Manohar Sharma, Liverpool)*

**12:30-13:00** Discussion

**13:00-14:00** Lunch

**14:00-15:30** **SESSION 10** Surgery for Cancer Pain, Chair: Dr Kate Grady

**14:00-14:30** Neurosurgical treatments for pain related to cancer - *(Prof Paul Eldridge, Liverpool)*

**14:30-15:00** Spinal surgical management of cancer pain - *(Mr Narendra Kumar Rath, Liverpool)*

**15:00-15:30** Discussion

**15:30-16:00** Tea Break

**16:00-17:00** **SESSION 11** Implants for Pain related to Cancer, Chair: Prof Paul Eldridge

Indications, patient selection, implantation and aftercare for Intrathecal Pumps in Pain related to Cancer - *(Mr Jibril Farah & Mrs Alison Cox, Liverpool)*

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### Friday 19<sup>th</sup> October

**08:30-09:00** Tea/Coffee, Radisson Blu Hotel, Liverpool

**09:00-10:45** **SESSION 12** Therapeutic Challenges- Interactive Case Presentations, Chair:  
Dr Rajiv Chawla & Dr Sumit Gulati

**09:00-09:25** Incident pain (Pathological fracture related pain) - (Dr Manish Gupta, Liverpool)

**09:25-09:50** Visceral pain (Pancreatic cancer) - (Dr Arun Bhaskar, London)

**09:50-10:15** Head and neck cancer pain - (Dr Rajiv Chawla, Liverpool)

**10:15-10:45** Closing Comments from Chairs

**10:45-11:15** Tea Break

**11:15-13:00** **SESSION 13** Therapeutic Challenges- Interactive Case Presentations, Chairs:  
Dr Manish Gupta, Dr Manohar Sharma, Dr Mahesh Chaudhari and Dr  
Kate Marley

**Group work:** (Groups split in to 3 and case history on pain related to cancer and formulation of management plan with progression of cancer and pain including terminal care in hospice setting)

**12:45-13:00** Closing Comments from Chairs

**13:00-14:00** Lunch and closure of the meeting



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### COURSE FACULTY

Mrs **Rachael Barton**, Clinical Nurse Specialist, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **Arun Bhaskar**, Consultant in Pain Medicine, Anaesthesia and Critical Care, Charing Cross Hospital, Imperial College NHS Trust

Dr **Matthew Brown**, Consultant in pain medicine at the Royal Marsden Hospital, and Honorary Associate Faculty of the Institute of Cancer Research.

Dr **Rajiv Chawla**, Consultant in Pain Medicine & Neuromodulation, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **Mahesh Chaudhari**, Consultant in Pain Medicine, Worcestershire Acute Hospitals Trust, Worcester.

Ms **Alison Cox**, Clinical Nurse Specialist, Pain & Neuromodulation, The Walton Centre NHS Foundation Trust, Liverpool, UK

Professor **Paul Eldridge**, Consultant Neurosurgeon, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **Chinnamani Eswar**, Clinical Oncology Consultant, Clatterbridge Centre for Oncology, Liverpool, UK

Mr **Jibril Osman-Farah**, Consultant Neurosurgeon, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **Bernhard Frank**, Consultant in Pain Medicine, The Walton Centre NHS Foundation Trust and Honorary Senior Clinical Lecturer, University of Liverpool.

Dr **Kate Grady**, Consultant in Pain Medicine & Anaesthesia, University Hospital of South Manchester NHS Foundation Trust, Manchester, UK

Dr **Manish Gupta**, Consultant in Pain Medicine, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **Kate Marley**, Consultant in Palliative Medicine, University Hospital Aintree, Liverpool, UK

Ms **Kate McIntegart**, Specialist Physiotherapist, Head of Therapy Services, The Woodlands Hospice, University Hospital Aintree, Liverpool, UK

Professor **Bart Morlion**, Director of the Leuven Centre for Algology & Pain Management, University Hospitals Leuven, Belgium

Dr **Julie Raj**, Consultant in Palliative Medicine, University Hospital Aintree, Liverpool, UK

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Mr **Narendra Kumar Rath**, Consultant Neurosurgeon, The Walton Centre NHS Foundation Trust, Liverpool, UK

Dr **Manohar Sharma**, Consultant in Pain Medicine, The Walton Centre NHS Foundation Trust, Liverpool, UK

Assistant Professor **Nevenka Krcevski-Skvarc**, specialist in Anaesthesiology with additional knowledge in Pain Medicine and Palliative Care, Department of Anaesthesiology, Intensive Care and Pain Treatment, University Medical Centre Maribor, Slovenia.

Dr **Zane Van Der Elst** Pain Fellow, The Walton Centre NHS Foundation Trust, Liverpool, UK

### COURSE ORGANISERS

Dr Manohar Sharma

Dr Kate Marley

Prof Bart Morlion

### ORGANISING COMMITTEE

Dr Rajiv Chawla

Dr Manish Gupta

Dr Julie Raj

Mrs Julie Williams

Mrs Loraine Roberts

### PAIN RELIEF FOUNDATION STAFF

Mrs **Julie Williams**, Administrator, Pain Relief Foundation, Liverpool

Mrs **Loraine Roberts**, Administrative Assistant, Pain Relief Foundation, Liverpool

Mrs **Brenda Hall**, Administrative Assistant, Pain Relief Foundation, Liverpool

Ms **Jo Stephens**, Fundraiser, Pain Relief Foundation, Liverpool



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