



**PAIN
RELIEF
FOUNDATION**

The Walton Centre **NHS**
for neurology and neurosurgery
NHS Foundation Trust

Pain Relief Foundation & The Walton Centre, Liverpool

Opioid Management in chronic non-malignant pain workshop
Evidence based assessment and management

PROGRAMME

Fee: £50 for Doctors and £25 for nurses, pharmacist and other allied healthcare professionals

Maximum number of candidates: 20

Venue:

Clinical Sciences Centre, University Hospital Aintree NHS Foundation Trust, Liverpool

Course Aims:

To inform about and improve assessment and management of chronic non-malignant pain patients on strong opioids in primary care.

(GMC: Good practice in prescribing and managing medicines and devices 2013, Faculty of Pain Medicine: Opioids Aware)

<https://www.rcoa.ac.uk/faculty-of-pain-medicine/opioids-aware>

Explain the pharmacology of opioids and consideration for the use in non-malignant pain.

Demonstrate the assessment for opioid treatment and the management of patients already on opioids in a tertiary multidisciplinary opioid clinic.

Explore the biopsychosocial character of chronic non-malignant pain and its implication for opioid therapy in a multidisciplinary workshop via two real life case studies.

Who Should Attend:

Consultants in Pain Medicine, General Practitioners, Nurse Prescribers and Community Pharmacists

Royal College of Anaesthetist's CPD and Revalidation Matrix category:

1A02 Pharmacology and Therapeutics

2E03 Basic assessment and management of chronic pain

The Course Handbook will be available on the PRF Webpage with the lecture slides, workshop and carefully selected references (Available during the course and for 2 years after the course to participants using a secure password).

Accreditation has been sought from The Royal College of GPs

6 CPD credits have been awarded by the Royal College of Anaesthetists

7 CPD credits have been awarded by the Royal College of Nursing (RCN cannot confirm competence of any practitioner)

08:30-09:00 Registration

09:00-09:20 **Introduction**

09:20-09:50 **Opioid management in chronic non-malignant pain? Problems after 20 years of expansion in opioid prescribing.** *(Dr Bernhard Frank)*

09:50-10:20 **Common conditions considered opioid responsive and what opioid to use. Clinical and pharmacological considerations.** *(Dr Bernhard Frank)*

10:20-10:40 Tea/Coffee Break

10:40-11:10 **Psychological consideration in the assessment and management of patients with chronic pain considered for opioid treatment.**
(Dr Kerry Mathews)

11:10-11:40 **Principles of opioid tapering in chronic non-malignant pain and what outcomes to aim for.** *(Dr Bernhard Frank)*

11:40-12:10 **The role of the specialist pain nurse in opioid management.**
(Rachael Barton)

12:10-13.00 Lunch Break

13:00-13:30 **The role of the pharmacist in opioid management.** *(Colin Brennan)*

13:30-14:00 **Specialist pain physiotherapy and opioid management.**
(Nathan Goss)

14:00-14:30 Tea/Coffee break

14:30-15:30 **Case 1: TBC**
(Participants and Faculty)

15:30-16:30 **Case 2: TBC**
(Participants and Faculty)

16:30-17:00 **Discussion of cases.**
(Participants and Faculty)

17:00 **Close**

Course Sponsor

This meeting has been financially supported with an unrestricted educational grant by GRÜNENTHAL Ltd.

Faculty:

Mrs **Rachael Barton**, specialist nurse in pain management, Walton Centre, Liverpool

Mr **Colin Brennan**, specialist pharmacist, University Hospital Aintree, Liverpool

Dr **Bernhard Frank**, consultant in pain medicine, Walton Centre, Liverpool

Mr **Nathan Goss**, specialist physiotherapist in pain management, Walton Centre, Liverpool

Dr **Kerry Mathews**, specialist clinical psychologist, Walton Centre, Liverpool

COURSE CONVENOR

Dr **Bernhard Frank**, MD, FFPMCAI, FCARCSI

OUTCOME EVALUATION

Dr **Helen Poole**, reader in health psychology, Liverpool John Moore University

PAIN RELIEF FOUNDATION STAFF

Mrs **Julie Williams**, Administrator, Pain Relief Foundation, Liverpool

Mrs **Lorraine Roberts**, Assistant Administrator, Pain Relief Foundation, Liverpool

Mrs **Brenda Hall**, Administrative Assistant, Pain Relief Foundation, Liverpool

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