



**PAIN
RELIEF
FOUNDATION**

The Walton Centre **NHS**
for neurology and neurosurgery
NHS Foundation Trust

Pain Relief Foundation & The Walton Centre, Liverpool

Opioid Management in chronic non-malignant pain workshop
Evidence based assessment and management
Date 16th February 2019

PROGRAMME

Fee: £50

Maximum number of candidates: 20

Venue:

Clinical Sciences Centre Room 207, University Hospital Aintree NHS Foundation Trust, Liverpool

Course Aims:

To inform about and improve assessment and management of chronic non-malignant pain with strong opioids in primary care.

(GMC: Good practice in prescribing and managing medicines and devices 2013, Faculty of Pain Medicine: Opioids Aware)

<https://www.rcoa.ac.uk/faculty-of-pain-medicine/opioids-aware>

Explain the pharmacology of opioids and consideration for the use in non-malignant pain.

Demonstrate the assessment for opioid treatment and the management of patients treated with opioids in an opioid clinic.

Explore the biopsychosocial character of chronic non-malignant pain and its implication for opioid therapy in a multidisciplinary real life workshop via two case studies.

Who Should Attend:

Consultants in Pain Medicine, General Practitioners, Nurse Prescribers and Community Pharmacists

Royal College of Anaesthetist's CPD and Revalidation Matrix category:

1A02 Pharmacology and Therapeutics

2E03 Basic assessment and management of chronic pain

The Course Handbook will be available on the PRF Webpage with the lecture slides, workshop and carefully selected references (Available during the course and for 4 weeks after the course to participants using a secure password).

CEPD approval from the RCGP, RCN and Royal Pharmaceutical Society has been applied for

Course Sponsors

GRÜNENTHAL

Saturday 16th February 2019

8:30-9:00 Registration

9:00-9:30 **Opioid management in chronic non-malignant pain? Problems after 20 years of expansion in opioid prescribing.** (*Dr Bernhard Frank*)

9:30-10:00 **Common conditions considered opioid responsive and what opioid to use. Clinical and pharmacological considerations.** (*Dr Bernhard Frank*)

10:00-10:30 Tea/Coffee Break

10:30-11:00 **Psychological consideration in the assessment and management of patients with chronic pain considered for opioid treatment.** (*Dr Kerry Mathews*)

11:00-11:30 **Principles of opioid management for chronic non-malignant pain and what outcomes to aim for.** (*Dr Bernhard Frank*)

11:30-12:00 **What else if opioids are not the answer?** (*Dr Bernhard Frank*)

12:00-13.00 Lunch Break

13:00-13:30 **The role of the pharmacist in opioid management.** (*Colin Brennan*)

13:30-14:00 **The role of the specialist nurse in opioid management.** (*Rachael Barton*)

14:00-14:30 **Specialist physiotherapy during opioid management.** (*Graham Derbyshire*)

14:30-15:00 Tea/Coffee break

15:00-15:45 **Case 1: Management of nociceptive arthritis pain with opioids.** (*Dr Bernhard Frank & Rachael Barton*)

15:45-16:30 **Case 2: The challenging opioid patient and the management in a tertiary referral centre.** (*Dr Bernhard Frank, Dr Kerry Mathews & Graham Derbyshire*)

16:30-17:00 **Discussion of cases.** (*Dr Bernhard Frank, Dr Kerry Mathews & Graham Derbyshire*)

17:00 **Close**

Faculty:

Ms **Rachael Barton**, specialist nurse in pain management and neuromodulation, The Walton Centre NHS Foundation Trust, Liverpool

Mr **Colin Brennan**, Deputy Clinical Services Manager and Surgical Division Lead Pharmacist, University Hospital of Aintree, Liverpool

Mr **Graham Derbyshire**, Specialist Physiotherapist in Pain Management and Neuromodulation, The Walton Centre NHS Foundation Trust, Liverpool

Dr **Bernhard Frank**, Consultant in Pain Medicine, The Walton Centre NHS Foundation Trust, Liverpool

Dr **Kerry Mathews**, Consultant Clinical Psychologist, The Walton Centre NHS Foundation Trust, Liverpool

COURSE CONVENOR

Dr **Bernhard Frank**

PAIN RELIEF FOUNDATION STAFF

Mrs **Julie Williams**, Administrator, Pain Relief Foundation, Liverpool

Mrs **Lorraine Roberts**, Assistant Administrator, Pain Relief Foundation, Liverpool

Mrs **Brenda Hall**, Administrative Assistant, Pain Relief Foundation, Liverpool

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