



**11th Annual North England Pain Medicine Group Meeting
Friday 21st June 2019**

**Venue: Cedar Court Hotel, Lindley Moor Road, Elland, Huddersfield, HD3 3RH,
Phone: 01422 375431
Off M62 – Junction 24**

- 0830 – 0900** **Registration & Refreshments**
- 0900 – 0910** **Introduction and Welcome:**
Dr Seshu Tatikola, Consultant in Pain Medicine and Anaesthesia, Hull
- 0910 – 1045** **Session 1: CRPS**
Chair: Dr Sanjeeva Gupta, Consultant in Pain Medicine, Bradford
- 0910 – 0930** **Updated CRPS guidelines**
Dr Manohar Sharma, Consultant Pain Medicine, The Walton Centre, Liverpool
- 0930 – 1000** **A Paradigm Change in approach to CRPS**
Dr Lakshmi Vas, Consultant in Pain Medicine, KEM Teaching Hospital, Mumbai, India
- 1000 – 1020** **Physiotherapy and CRPS**
Ms Selina Johnson, Specialist Physiotherapist, The Walton Centre, Liverpool
- 1020 – 1050** **Discussion**
- 1050 – 1115** **Coffee Break & Poster Exhibition**
- 1115 – 1300** **Session 2: Opioids, Cannabis and Complementary Therapy**
Chair: TBC
- 1115 – 1135** **Addiction to Prescription Pain killers /Opioid Aware weaning strategies**
Dr Soraya Mayet, Consultant Psychiatrist in Substance Misuse, Humber Mental Health NHS trust
- 1135 – 1155** **Cannabinoids in Pain Medicine – Current Considerations**
Dr John Hughes, Consultant in Pain Medicine, James Cook University Hospital, Middlesbrough
- 1155 – 1215** ***Co prescription of high dose opioids and gabapentinoids in chronic noncancer pain: a toxic cocktail?***
Dr Sailesh Mishra, Consultant in Pain Medicine, Newcastle
- 1215 – 1240** **Yoga and Mindfulness in Managing Chronic Pain: Celebrating International Yoga Day.**
Dr Dimple Vyas, Consultant in Pain Medicine, Mid Yorkshire NHS Trust
- 1240 – 1300** **Discussion**
- 1300 – 1345** **Lunch Break**
- 1345 – 1530** **Session 3: Towards an Optimal Outcome: Low Back Pain**



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Chair: Dr Nick Plunkett, Consultant in Pain Medicine, Sheffield

- 1345 – 1410** **Radiological Investigations in Pain Medicine: Ordering and Interpreting!**
Dr M Chandramohan, Consultant MSK Radiologist, Bradford Teaching Hospitals
NHS Foundation Trust
- 1410 – 1430** **NICE CG 59: Medial Branch Block and Radiofrequency: Optimal techniques
MINT study**
Dr Baranidharan, Consultant in Pain medicine, Leeds Teaching Hospitals NHS Trust
- 1430 – 1500** **Burst DR SCS Microdosing in DeNovo patients – Primary results (TBC)**
- 1500 – 1520** **Discussion**
- 1520 – 1540** **Coffee Break & Poster Exhibition**
- Session 4:**
Chair:
- 1540 – 1600** **Neuropathic pain management – Non opioid medication overview Hull
experience**
Dr Seshu Babu Tatikola, Consultant in Pain Medicine/Anaesthesia, Hull University
Teaching Hospitals NHS Trust
- 1600 – 1615** **The Integrative Model of Adjustment to Chronic Conditions: Towards impact
and clinical application" in Chronic Pain**
Dr Lis Hammond, Counselling Psychologist, Senior Lecturer Teeside University
- 1615 – 1640** **Research in the North of England
Research topics – Leeds /Liverpool – ongoing projects – Dr Barani,
Experience on Genicular Nerve blocks – Dr Tom Bendinger, Consultant Pain
/Anaesthesia, Sheffield University Hospitals**
- 1640 – 1700** **Best Poster Presentation**
Trainee session
- 1700 – 1715** **Discussion and Closing remarks**
- 1715 – 1730** **NEPG Business Meeting: All members**

PLEASE NOTE: This is a draft programme and subject to change.