## PAIN RELIEF FOUNDATION

## STUDENT ESSAY COMPETITION 2020

# **250 WORD SUMMARY SUBMISSION**

Name		
Student ID number		
University		
Department		
Year of study		
Postal address		
Tel:		
Email:		
• I have sent my summary as an email attachment in MS Word format to lorraine.roberts@painrelieffoundation.org.uk		
• I agree to abide by the rules set out by the Pain Relief Foundation		
SIGNED:		
Please sign this form and send by post to:		

Mrs. L. Roberts, Essay Competition, Pain Relief Foundation, Clinical Sciences Centre, University Hospital Aintree, Lower Lane, Liverpool L9 7AL

## ENTRY FORM **TWO**

## PAIN RELIEF FOUNDATION

STUDENT ESSAY COMPETITION 2020

# **ESSAY SUBMISSION**

Name		
Student ID number		
University		
Department		
Year of study		
Postal address		
Tel:		
Email:		
• I have sent my essay as an email attachment in MS Word format to lorraine.roberts@painrelieffoundation.org.uk		
• I agree to abide by the rules set out by the Pain Relief Foundation		
SIGNED:		
Please sign this form	and send by post to:	

Mrs. L. Roberts, Essay Competition, Pain Relief Foundation, Clinical Sciences Centre, University Hospital Aintree, Lower Lane, Liverpool L9 7AL

#### PAIN RELIEF FOUNDATION

# STUDENT ESSAY COMPETITION 2020 RULES

## Please note that the competition is a two stage process.

The initial entry requirement is a summary of your proposed essay (see rule 15 and onwards). From this, applicants will be selected and invited to submit the full essay.

- 1. The competition is open to Medical, Physiotherapy, Nursing, Occupational Therapy and Clinical Psychology Students on a UK pre-registration programme at the time of the summary entry submission
- 2. The essay should be 3000 words or less. Essays of more than 3000 words will not be accepted. The judges are looking for a well written, original and interesting essay that could be presented using Power Point slides to a Pain MDT, if successful.
- 3. The essay topic must be about an aspect of **Chronic Pain**.
- 4. The entry must be well presented in MS Word format.
- 5. Please provide a **separate title page** showing the essay title, your name, your university, your department and the word count.
  - On all pages of the essay please put the essay title as a header, and the page number as footer. Your name, university, department or other identifiers should not appear on any page other than the title page, otherwise we will return the essay to you for modification.
- 6. Essay entries must be accompanied by a signed entry form sent by post (attached Entry Form TWO). Essays received without a signed entry form cannot be accepted.
  - We cannot accept essay entry forms or essays sent by fax.
- 7. Essays will be submitted as a Microsoft Word document email attachment sent to Lorraine.roberts@painrelieffoundation.org.uk using your university email account.
- 8. Both the entry form and the essay must reach the Pain Relief Foundation by 30<sup>th</sup> September 2020 late entries cannot be accepted. We cannot make allowances for postage or email failure etc. We will notify you when we receive your entry.
- 9. Only single author entries can be accepted.

10. You must be available to present your essay to the Pain Relief Foundation in December 2020 or January 2021 to a Pain MDT. There is some flexibility in the presentation date.

If the winner is not available to present their essay, then the prize will pass to the next best entrant who is available to present.

Reasonable travel and accommodation expenses, up to a maximum of £125 will be reimbursed by the Foundation, subject to receipts being presented.

- 11. Members or relatives of staff or associates of the Pain Relief Foundation are not eligible for the competition.
- 12. Any suspicion of plagiarism will result in disqualification. We will assess all essays using plagiarism software
- 13. Essay writers will be notified of the results of the competition by 1<sup>st</sup> December 2020, by email. The three winners will receive a cheque for £400, after their presentation. There will be five second prizes of £100
- 14. The judges' decision is final for all aspects of the competition.

### 15. Prior to sending your essay we require a summary.

The initial competitor entry requirement is a 250 word summary of the essay, with up to 4 references to provide: an outline of the topic, reason for selecting the topic, the scope of the essay, and a conclusion.

- 16. The summary must be submitted by 30th April 2020 late entries cannot be accepted. We cannot make allowances for postage or email failure etc. We will notify you when we receive your summary entry.
- 17. The PRF will select the best five summaries from each discipline to progress to the essay phase.
- 18. Summaries will be submitted as a Microsoft Word document email attachment sent to lorraine.roberts@painrelieffoundation.org.uk using your university email account.
  - Both the summary entry form and the summary must reach the Pain Relief Foundation by 30<sup>th</sup> April 2020 (attached entry form ONE).
- 19. You must provide a separate title page showing the summary title, your name, your university, your department and the word count. The references do not count towards the word count. The summary and references must be on a second single A4 page with the summary title as a header.

20. Summary entries must be accompanied by a signed entry form sent by post (attached – Entry Form ONE). Summaries received without a signed entry form cannot be accepted.

We cannot accept summary entry forms or summaries sent by fax.

## 21. Timetable

Summary deadline 30<sup>th</sup> April 2020 Entrants selected to send an essay informed by 29th June 2020 Essay deadline 30<sup>th</sup> September 2020 Essay Winners informed by 1<sup>st</sup> December 2020 Essay Presentation in December 2020 and January 2021

JRW Feb13 2020