



# **Pain Relief Foundation**

*A registered charity funding research & education in chronic pain*

## **ESSAY COMPETITION 2026**

For

**Medical, Physiotherapy, Nursing,  
Occupational Therapy  
and Clinical Psychology  
Students**

**Three First Prizes of £500**

**Essay on an aspect of chronic pain  
up to 3000 words**

**Three second prizes of £100**

**The winning essays will be presented\* at  
Pain Relief Foundation**

\*MS Teams meeting

Please contact:

Hayley McCullough, Pain Relief Foundation,  
Clinical Sciences Centre, University Hospital Aintree  
Liverpool L9 7AL, UKTel. 0151 529 5820  
Email:Hayley.McCullough@painrelieffoundation.org.uk

[www.painrelieffoundation.org.uk](http://www.painrelieffoundation.org.uk) Registered Charity No. 1156227

